

2021 Skyline Church Word of the Year: THRIVE

"I have come that you might have life and have it more abundantly."

JOHN 10:10 | NASB

otal commitment

"You can make this **choice** by loving the LORD your God, obeying him, and **committing** yourself **firmly** to him. **This is the key to your life**."

DEUTERONOMY 30:20 | NLT

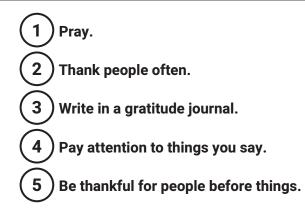
ave a quiet time

- Have a time
- · Have a place
- Have a plan

· In order to THRIVE you must committed to the fundamentals

R emember to rejoice

10 Key Actions to THRIVE based on Scientific Research



6) Practice spirituality and prayers of gratitude.

- \prime) Remember to look for the good in the bad.
- (8) Think about solutions, not just the problem.



) Think positively and be thankful for the small things.



Do kind things for others and volunteer for meaningful causes.

ncrease your faith

- God does not expect perfection out of our spiritual walk, but he does expect progress.
- Greatest way to increase your faith is to serve. Matthew 20:16
 - **S** acrifice some time.
 - **E** valuate what you'd like to do.
 - **R** espond when contacted.
 - **V** alue every opportunity.
 - **E** ncourage others to join you.



alue the church family

- Church is essential. Hebrews 10:25
- There are no perfect churches.
- In order to thrive, I must commit to a church family.

xpect the best

Refuse to see yourself as a victim. 2 Corinthians 11:15-12:10



Practice gratitude.